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XVIII MEDITERRANEAN GAMES

TARRAGONA

2018

OCMG

www.tarragona2018.cat

Triathlon



TECHNICAL MANUAL

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XVIII JOCS MEDITERRANIS
XVIII JUEGOS MEDITERRÁNEOS
XVIII MEDITERRANEAN GAMES
XVIII JEUX MÉDITERRANÉENS
ألعاب البحر الأبيض المتوسط XVIII



Technical Manual for Triathlon

TECHNICAL INFORMATION

1. International Federation

INTERNATIONAL TRIATHLON FEDERATION (ITU)

Maison du sport international, 51 avenue de Rhodanie – CH 1007 Lausanne

Phone: + 41 21 614 60 30

Website: www.triathlon.org

Email: ituhdq@triathlon.org

President: Mrs. Marisol Casado

Secretary General: Mrs. Loreen Barnett

2. National Federation

FEDERACIÓN ESPAÑOLA DE TRIATLÓN (FETRI)

C/ Ferraz, 16, 3º dcha. – E 28008 Madrid

Phone: + 34 91 559 93 05

Website: www.triatlon.org

E-mail: federacion@triatlon.org

President: Mr. José Hidalgo

Secretary General: Mrs. Alicia García

3. Management of the competition

Technical delegate of ITU: Mr. Andreas Galanos

Competition manager: Mr. Jorge García

3.1 Management of the venue

Venue manager: Mr. Guillermo Alonso

4. Events and dates

4.1 Sport programme

The competition of Triathlon at the XVIII Mediterranean Games Tarragona 2018 will include the following events:

TRIATHLON	
Men	Women
Individual sprint	Individual sprint

4.2 Dates and venues

The competition of Triathlon will be held on the Altafulla urban circuit, **on Saturday June 2018.**

5. Conditions for the development of the competition

The competition of Triathlon will take place if a minimum of eight (8) countries for the Men's tournament and of six (6) countries for the Women's tournament are entered **by 23:59 (Spanish time) on 22 March 2018.**

According to the number of entries, the President of the ICMG Technical Commission, together with one (1) or two (2) members of said commission, appointed by the ICMG President, and in the presence of the OGMG Tarragona 2018 Sports Director, will decide, **on 09 May 2018**, on the list of cancelled events.

Once an event will have been confirmed, it will be held and the corresponding medals and diplomas distributed, regardless of the number of participants.

5.1 Cancellation of events

The OCMG Tarragona 2018 will inform immediately all the NOCs of the list of those cancelled events that have not reached the minimum quota of participants.

6. Rules of the competition

The Triathlon competition will be held according to ITU rules **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

All other issues not covered in this Technical Manual will be solved as follows:

- For general issues, ICMG regulations will apply.
- For technical issues, ITU regulations will apply.

7. Technical organisation

FETRI, under the supervision of ITU Technical Delegate, is responsible for the technical organisation and for the development of the Triathlon competition during the XVIII Mediterranean Games Tarragona 2018.

7.1 Special procedures for the development of the competition

Any issue that may arise prior or during the events will be resolved by the competition management, as per ICMG and ITU rules, **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

The exact measures to be taken regarding the organisation of the Triathlon competition will depend on the final number of participants.

7.2 Circuit inspection

The competition team will organise a circuit inspection on a date and at a time to be informed to the team leaders upon their arrival.

8. Competition venue

The Triathlon competition at the XVIII Mediterranean Games Tarragona 2018 will be held on the Altafulla urban circuit, 28.3 Km from the Mediterranean Village.

Competition venue	Distance to Village	Municipality
Urban circuit	28.3 Km	Altafulla

8.1 Competition area

The competition area is a urban circuit divided in three areas:

- A 0.75-km circuit for open water swimming;
- A 20-km circuit for cycling;
- A 5-km circuit for running.

These distances are those regulated by ITU for the sprint event.

8.2 Warm-up area

The warm-up area will be on the competition venue, prior to the beginning of the event.

8.3 Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

8.4 Athletes' lounge

Athletes will have at their disposal a lounge with water, energising drinks and fruits.

8.5 Sport equipment

All sport and technical equipment used during Triathlon competitions and trainings will comply with ITU rules **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

9. Training sessions

9.1 Training venue

Training sessions for Triathlon at the XVIII Mediterranean Games Tarragona 2018 will be held at the Vila-seca swimming pool and Complex Esportiu Sant Jordi, 2.1 Km and 11,3 km respectively from the Mediterranean Village.

Training venue	Distance to Village	Municipality	Observations
Swimming pool	2,1 Km	Salou	Training venue According to schedule
Swimming pool	11,3 km	Tarragona	Training venue

			According to schedule
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9.1.1 Calendar and schedules for training sessions

The following venue will be available for athletes, with the following schedules:

Date	Venue	Schedule
21/06/2018	Vila-seca swimming pool and Complex Esportiu Sant Jordi swimming pool	8.00-11.00
22/06/2018	Vila-seca swimming pool and Complex Esportiu Sant Jordi swimming pool	8.00-11.00

9.2 Services available at training venue

9.2.1 Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

9.2.2 Athletes' lounge

At the training venue, athletes will have at their disposal a lounge with water, energising drinks and fruits.

9.3 Media during training sessions

Training sessions will be opened to the media but not to the public. The competition manager will be authorised to change this rule when and if she deems it necessary.

9.4 Procedure for the scheduling of training sessions

NOCs will receive the planning of training sessions during the first half of June. They will have to confirm that they will make use of their allocated sessions during the DRM.

9.4.1 Before the competition

As a general rule, the Competition Management will put the relevant venues at the athletes' disposal, for one daily session, two (2) days before the beginning of the competition, that is to say, **on 21 June 2018**.

If they have requested it during the DRM and following the procedure, delegations will be able to use these venues for training purposes, five (5) days before the beginning of the competition, that is to say, **from 18 June 2018**.

9.4.2 During the competition

During the Technical Meeting, **on 22 June 2018**, the Organising Committee will deliver the Training schedule during competition. Each NOC will then be able to inform of its specific training needs; these will be assessed to be included in the Training schedule during competition.

All NOCs will have to confirm they will use their allocated training session, by 17:00 the day prior to the training is due; should they fail to do so, the relevant session will be made available for the other NOCs. They may also request, before 17:00, an additional training session, which may be allocated to them, from 20:00 the same day, subject to availability at the venues.

Upon their arrival, teams will receive all relevant information on the training sessions, both at the Sport Information Centre (SIC) at the Mediterranean Village and at the Technical Information Centre (TIC¹) for Triathlon.

10. Participation

All NOCs members of the ICMG, whose National Federation is a member association of ITU, are entitled to participate in the Triathlon competition of the XVIII Mediterranean Games Tarragona 2018.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the conditions and rules of ICMG and ITU.

Each NOC may take part in the Triathlon competition with two (2) athletes per event.

^{1 1} The acronym TIC (Technical information centre) that is used in several sports will adopt the technical name of each competition (Referee, Technical Directory, etc...)

11. Entries

11.1 General principles

The XVIII Mediterranean Games Tarragona 2018 are open to all the athletes of the NOCs of the Mediterranean countries members of the ICMG, as indicated in the rules of the ICMG Charter and of the IOC.

All athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, every participating athlete will have to fill in and sign the “Athlete Consent Form” as defined by the World Anti-doping Agency.

11.2 Procedures

The registration process is linked to the general system of accreditations.

The OCMG Tarragona 2018 entry system is an e-accreditation portal accessible through the official website of the Games: www.tarragona2018.cat.

Each delegation will have its own user name and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Tarragona 2018: entries@tarragona2018.cat

11.2.1 Entries by number

The list of entries by number of participants for each NOC and event will have to be submitted, through the e-accreditation portal, **by 23:59 (Spanish time) on 22 March 2018**.

11.2.2 Preliminary entries by name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal **by 23:59 (Spanish time) on 06 April 2018**.

11.2.3 Final entries by name (Short list)

The NOC of each participating country will have to submit to the OCMG Tarragona 2018, through the e-accreditation portal, the form with the final entries of their participants by name, fifteen (15) days before the beginning of the Games, **that is to say on 07 June 2018 (before 23:59, Spanish time).**

11.3 Confirmation of entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed, at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Head of Mission of each NOC.

12. Technical Meeting

The technical Meeting will take place on **22 June 2018, at 09:00 at the Mediterranean Village Residents' Services Centre.**

The meeting will be carried out according to ITU rules, and chaired by ITU Technical Delegate.

The following persons must be in attendance:

- ITU Technical Delegate;
- One member of the ICMG Technical Commission;
- The team managers (one per country);
- The coaches (one per team);
- The athletes;
- The team doctors (one per team);
- The OCMG Tarragona 2018 Competition Manager for Triathlon;

13. Medical services

13.1 Medical services available at the Village and on the competition venues

During the XVIII Mediterranean Games Tarragona 2018, medical services will be available to any accredited athlete and official who might need them, both at the Mediterranean Village and on the competition venues.

13.1.1 Mediterranean Village

The polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First aid
- Emergency services 24/24h

A fleet of ambulances will link the polyclinic and the main hospitals, should additional care be needed.

13.1.2 Competition venues

During the events, all competition venues will provide to the athletes the following services:

- Medical services
- Ambulance services

Coolers filled with ice will be available for the delegations at all sport venues.

13.2 Anti-doping control

Anti-doping controls will be carried out during or out of the competition, under the authority of the ICMG Medical and Anti-doping Commission and with the collaboration of the OCMG Tarragona 2018 anti-doping services, in accordance with the rules of ICMG, ITU and the World Anti-doping Code.

All competitors who undergo a control will receive written notification. The official procedure for the collection of sample will subsequently start, in accordance with the official deadlines and regulations.

Any athlete who refuses to submit to a doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned along with his or her team, in accordance with the ICMG and ITU regulations.

14. Referees-umpires

14.1 Jury of competition

Judges of competition will be appointed to judge possible disputes and appeals.

The Jury of competition will be composed of one (1) Chairman (the ITU Technical Delegate) and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries.

This list of the Jury of competition will be communicated by the Technical Delegate during the Technical Meeting, following ITU rules.

During the processing of a dispute, the members of the Jury of Appeal belonging to the countries involved will abstain from participating.

14.2 Judges and referees

ITU, in collaboration with FETRI, will appoint all judges and officials needed for the development of the Triathlon competition at the XVIII Mediterranean Games Tarragona 2018.

15. Claims and appeals

Claims and appeals will be solved following ITU rules. Any claim can be raised by the relevant NOC, in written in Arabic, French or English, accompanied by an economical deposit in cash, which amount is established by ITU rules.

All claims will be addressed to the TIC for Triathlon who will forward them to the secretariat of the Jury of Appeal and to the ICMG Technical Commission.

The deposit will only be refunded if the claim is successful.

16. Sport clothing

Participants at the Triathlon competition of the XVIII Mediterranean Games Tarragona 2018 will have to wear a sport equipment that complies with ITU and ICMG regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name of the manufacturer of the clothing or the equipment will be tolerated if it is discreet and does not have any advertisement purpose, in accordance to the ICMG and ITU rules.

The same rule will apply for the **medal ceremonies** regarding sport clothing and advertisement. Athletes will step on the podium with the official clothing of their respective NOC.

16.1 Number bibs

Bibs and frame numbers will be provided by OCMG Tarragona 2018 during the Technical Meeting **on 22 June 2018**.

17. Medal ceremonies / Awards

Medal ceremonies will take place at the end of each competition.

17.1 Medals and diplomas

The following medals and diplomas will be distributed, as per the ICMG rules:

17.1.1 First place

Gold medal and diploma to the athlete in the first place in each event.

17.1.2 Second place

Silver medal and diploma to the athlete in the second place in each event.

17.1.3 Third place

Bronze medal and diploma to the athlete in the third place in each event.

17.1.4 From the fourth to the eight place

Diploma to the athletes in the 4th to the 8th places in each event.

18. Calendar and schedule

The competition of Triathlon will take place **on Saturday 23 June 2018**, according to the following schedule (this schedule is provisional and could vary depending on the final entries):

Saturday 23 June	
Triathlon	
Altafulla urban circuit	
	Men/Women
11:00	Men's FINAL
	Women's FINAL

The Organising Committee may also change the competition schedule, with the agreement of the Technical Delegate, should special circumstances arise.

Each team or athlete will then be informed, at least, twenty-four (24) hours in advance.

19. Technical offices

Two offices will provide specific information on the TRIATHLON competition:

- TIC of Triathlon, at the competition venue.
- SIC at the Mediterranean Village.

These offices will provide information on the schedule of competition, training sessions, transport, list of players and results.

20. Approval of the regulations

In case of disagreement on the interpretation of these regulations with any other related version, the French version will take precedence.

This Technical Manual was approved by the ICMG on 22 May 2016.





XVIII MEDITERRANEAN GAMES

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