

ENG



XVIII MEDITERRANEAN GAMES

**TARRAGONA**

**2018**

OCMG

[www.tarragona2018.cat](http://www.tarragona2018.cat)

# Rhythmic Gymnastics



**TECHNICAL MANUAL**

# Index

<b>TECHNICAL INFORMATION</b> .....	<b>2</b>
1. International Federation .....	2
2. National Federation .....	2
3. Management of the competition.....	2
3.1 Management of the venue .....	2
4. Events and dates .....	3
4.1 Sport programme .....	3
4.2 Dates and venues .....	3
5. Conditions for the development of the competition.....	3
5.1 Cancellation of events .....	3
6. Rules of the competition.....	3
7. Technical organisation .....	4
7.1 Special procedures for the development of the competition.....	4
7.2 Draw .....	5
8. Competition venue.....	5
8.1 Competition area.....	5
8.2 Warm-up area.....	5
8.3 Changing rooms.....	5
8.4 Athletes' lounge.....	5
8.5 Press Tribune .....	6
8.6 Sport equipment.....	6
9. Training sessions .....	6
9.1 Training venue .....	6
9.2 Services available at training venue .....	6
9.3 Media during training sessions.....	7
9.4 Procedure for the scheduling of training sessions .....	7
10. Participation .....	7

11.	Entries.....	8
11.1	General principles.....	8
11.2	Procedures.....	8
11.3	Confirmation of entries .....	9
12.	Technical Meeting .....	9
13.	Medical services .....	10
13.1	Medical services available at the Village and on the competition venues.....	10
13.2	Anti-doping control .....	10
14.	Referees-judges.....	11
14.1	Jury of Appeal .....	11
14.2	Judges .....	11
14.3	Information meeting for judges .....	12
15.	Claims .....	13
16.	Sport clothing .....	13
17.	Medal ceremonies.....	13
17.1	Medals and diplomas .....	14
18.	Calendar and schedule .....	14
19.	Technical offices .....	15
20.	Approval of the regulations.....	15

## TECHNICAL INFORMATION

### 1. International Federation

#### **FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)**

Avenue de la Gare, 12, case postale 630 – CH 1001 Lausanne

Phone: + 41 321 55 10

Website: [www.fig-gymnastics.com](http://www.fig-gymnastics.com)

Email: [info@fig-gymnastics.org](mailto:info@fig-gymnastics.org)

President: Mr. Morinari Watanabe

### 2. National Federation

#### **REAL FEDERACIÓN ESPAÑOLA DE GIMNASIA (RFEG)**

C/ Ferraz, 16, 7º dcha. – E 28008 Madrid

Phone: + 34 91 540 10 78

Website: [www.rfegimnasia.es](http://www.rfegimnasia.es)

E-mail: [rfeg@rfegimnasia.es](mailto:rfeg@rfegimnasia.es)

President: Mr. Jesús Carballo

Secretary General: Mr. Ignacio Marrón

### 3. Management of the competition

Technical delegate of FIG: Isabell Sawade

Competition manager: Mrs. Teresa Muñoz

#### **3.1 Management of the venue**

Venue manager: Mr. Lluís Soro

## 4. Events and dates

### 4.1 Sport programme

The competition of Rhythmic Gymnastics at the XVIII Mediterranean Games Tarragona 2018 will include the following event:

RHYTHMIC GYMNASTICS

Women

Individual event

### 4.2 Dates and venues

The competition of Rhythmic Gymnastics will be held at the Reus Pavilion, **on Friday 29 and Saturday 30 June 2018.**

## 5. Conditions for the development of the competition

The competition of Rhythmic Gymnastics will take place if a minimum of six (6) countries and twelve (12) gymnasts are entered **by 23:59 (Spanish time) on 22 March 2018.**

According to the number of entries, the President of the ICMG Technical Commission, together with one (1) or two (2) members of said commission, appointed by the ICMG President, and in the presence of the OCMG Tarragona 2018 Sports Director, will decide, **on 9 May 2018**, on the list of cancelled events.

Once the event will have been confirmed, it will be held and the corresponding medals and diplomas distributed, regardless of the number of participants.

### 5.1 Cancellation of events

The OCMG Tarragona 2018 will inform immediately all the National Olympic Committees (NOCs) whether or not the event will take place, depending on whether it will have reached or not the minimum quota of participants.

## 6. Rules of the competition

The Rhythmic Gymnastics competition will be held according to FIG rules in force **on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

All other issues not covered in this Technical Manual will be solved as follows:

- For general issues, ICMG regulations will apply.
- For technical issues, FIG regulations will apply.

## 7. Technical organisation

RFEG, under the supervision of FIG Technical Delegate, is responsible for the technical organisation and for the development of the Rhythmic Gymnastics competition during the XVIII Mediterranean Games Tarragona 2018.

### 7.1 Special procedures for the development of the competition

The competition calendar, the draw and the code of points will follow FIG technical regulations **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

The exact measures to be taken regarding the organisation of the Rhythmic Gymnastics competition will depend on the final number of participants.

Participants in the Rhythmic Gymnastics competition at the XVIII Mediterranean Games Tarragona 2018 will take part in the All Around Individual Event (Competition I).

Lots will be drawn to determine the competition order, in compliance with the FIG regulations.

During the first phase of the competition, gymnasts will perform two (2) exercises in the morning and two (2) exercises in the afternoon. Each exercise will be performed with a different apparatus, depending on the draw (Competition I).

The ten (10) highest ranked gymnasts at the end of the first day will then contest the competition final (Competition II).

A maximum of two (2) gymnasts per country may qualify for the final phase of the Rhythmic Gymnastics competition of the XVIII Mediterranean Games Tarragona 2018.

In the final phase of the competition, gymnasts will perform four (4) exercises, each with a different apparatus. The ranking will be calculated by adding together the points awarded for each individual exercise.

### 7.2 Draw

Lots will be drawn to establish the order of performance, **on 28 June 2018**, during the Technical Meeting and in the presence of the competing teams.

## 8. Competition venue

The Rhythmic Gymnastics competition at the XVIII Mediterranean Games Tarragona 2018 will be held at the Reus Olympic Pavilion, 8.5 Km from the Mediterranean Village. The pavilion can host 4.500 spectators.

Competition venue	Distance to Village	Capacity	Municipality
Olympic Pavilion	8.5 Km	4.500	Reus

### 8.1 Competition area

The competition area will measure 51m x 28m, separated into a competition zone where the main mat will be posed on an underlay, and a warm-up zone equipped with two (2) further mats, as per FIG regulations.

### 8.2 Warm-up area

Pre-competition warm-ups will be carried out in the same competition venue, in accordance with FIG technical regulations.

### 8.3 Changing rooms

Athletes will have changing rooms equipped with showers and toilets.

### 8.4 Athletes' lounge

Athletes will have at their disposal a lounge with water, energising drinks and fruits.

### 8.5 Press Tribune

Accredited media will have a press tribune at their disposal.

### 8.6 Sport equipment

All sport and technical equipment used during Rhythmic Gymnastics competition and trainings will comply with FIG rules **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

## 9. Training sessions

### 9.1 Training venue

Training sessions for Rhythmic Gymnastics at the XVIII Mediterranean Games Tarragona 2018 will be held at the Reus Olympic Pavilion, 8.5 Km from the Mediterranean Village.

Training venue	Distance to Village	Municipality	Observations
Olympic Pavilion	8.5 Km	Reus	Competition venue According to schedule

#### 9.1.1 Calendar and schedules for training sessions

The following training sessions will be available for gymnasts:

Date	Venue	Schedule
28/06/2018	Reus Olympic Pavilion	9.00-13.30/ 16.00-20.30

### 9.2 Services available at training venue

#### 9.2.1 Changing rooms

Athletes will have changing rooms equipped with showers and toilets.

#### 9.2.2 Athletes' lounge

At the training venues, athletes will have at their disposal a lounge with water, energising drinks and fruits.



### 9.3 Media during training sessions

Training sessions will be opened to the media but not to the public. The competition manager will be authorised to change this rule when and if she deems it necessary.

### 9.4 Procedure for the scheduling of training sessions

NOCs will receive the planning of training sessions during the first half of June. They will have to confirm that they will make use of their allocated sessions during the DRM.

#### 9.4.1 Before the competition

As a general rule, the Competition Management will put the relevant venues at the athletes' disposal, for one daily session, one (1) day before the beginning of the competition, that is to say, **on 28 June 2018**.

If they have requested it during the DRM and following the procedure, delegations will be able to use these venues for training purposes, four (4) days before the beginning of the competition, that is to say, **from 25 June 2018**.

Training sessions will last one and half hour (1h30).

#### 9.4.2 During the competition

During the Technical Meeting, **on 28 June 2018**, the Organising Committee will deliver the Training schedule during competition. Each NOC will then be able to inform of its specific training needs; these will be assessed to be included in the Training schedule during competition.

## 10. Participation

All NOCs members of the ICMG, whose national federation is a member association of FIG, are entitled to participate in the Rhythmic Gymnastics competition of the XVIII Mediterranean Games Tarragona 2018.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the conditions and rules of ICMG and FIG.

Each NOC may take part in the Rhythmic Gymnastics competition with a maximum of three (3) gymnasts.

To participate in the competition, gymnasts must be aged at least fifteen (15) by 2018.

## **11. Entries**

### **11.1 General principles**

The XVIII Mediterranean Games Tarragona 2018 are open to all the athletes of the NOCs of the Mediterranean countries members of the ICMG, as indicated in the rules of the ICMG Charter and of the IOC.

All athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, all participating athletes will have to fill in and sign the “Athlete Consent Form” as defined by the World Anti-doping Agency.

### **11.2 Procedures**

The registration process is linked to the general system of accreditations.

The OCMG Tarragona 2018 entry system is an e-accreditation portal accessible through the official website of the Games: [www.tarragona2018.cat](http://www.tarragona2018.cat).

Each delegation will have its own user name and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Tarragona 2018: [entries@tarragona2018.cat](mailto:entries@tarragona2018.cat)

### 11.2.1 Entries by number

The list of entries by number of participants for each NOC and event will have to be submitted, through the e-accreditation portal, **by 23:59 (Spanish time) on 22 March 2018.**

### 11.2.2 Preliminary entries by name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal, **by 23:59 (Spanish time) on 6 April 2018.**

### 11.2.3 Final entries by name (Short list)

The NOC of each participating country will have to submit to the OCMG Tarragona 2018, through the e-accreditation portal, the form with the final entries of their participants by name, fifteen (15) days before the beginning of the Games, **that is to say on 7 June 2018 (before 23:59, Spanish time).**

## 11.3 Confirmation of entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed, at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Head of Mission of each NOC.

## 12. Technical Meeting

The technical Meeting will take place **on 28 June 2018, at 12:00 h, at the competition venue.**

The meeting will be carried out according to FIG rules, and chaired by FIG Technical Delegate.

The following persons must be in attendance:

- FIG Technical Delegate;
- One member of the ICMG Technical Commission;
- The team managers (one per country);
- The coaches (one per team);
- The team doctors (one per team);

- The OCMG Tarragona 2018 Competition Manager for Rhythmic Gymnastics.

### 13. Medical services

#### 13.1 Medical services available at the Village and on the competition venues

During the XVIII Mediterranean Games Tarragona 2018, medical services will be available to any accredited athlete and official who might need them, both at the Mediterranean Village and on the competition venues.

##### 13.1.1 Mediterranean Village

The polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First aid
- Emergency services 24/24h

A fleet of ambulances will link the polyclinic and the main hospitals, should additional care be needed.

##### 13.1.2 Competition venues

During the events, all competition venues will provide to the athletes the following services:

- Medical services
- Ambulance services

Coolers filled with ice will be available for the delegations at all sport venues.

#### 13.2 Anti-doping control

Anti-doping controls will be carried out during or out of the competition, under the authority of the ICMG Medical and Anti-doping Commission and with the collaboration of the OCMG Tarragona 2018 anti-doping services, in accordance with the rules of ICMG, FIG and the World Anti-doping Code.

All competitors who undergo a control will receive written notification. The official procedure for the collection of sample will subsequently start, in accordance with the official deadlines and regulations.

Any athlete who refuses to submit to a doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned, in accordance with the ICMG and FIG regulations.

## 14. Referees-judges

### 14.1 Jury of Appeal

In accordance with the technical event regulations of each sport at the XVIII Mediterranean Games Tarragona 2018, international juries of appeal will be formed. They will be responsible for ruling on formal protests and appeals.

In the event that the Technical Delegate is not the Chairman of the Jury of Appeal, FIG will, through its Technical Delegate, designate the Chairman of the appropriately composed Jury of Appeal.

Unless special dispensation is granted by FIG, a Jury of Appeal will be composed of one (1) Chairman and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries.

The list will be communicated by the Technical Delegate during the Technical Meeting.

During the processing of a dispute, the members of the Jury of Appeal belonging to the countries involved will abstain from participating.

### 14.2 Judges

The tasks of the judges will be defined in accordance with the FIG technical regulations and code of points.

The competition will be supervised by two (2) judges appointed by the FIG.

The competition will be headed by two (2) juries, each composed of international judges, as follows:

- Four (4) reference judges (2 for difficulty and 2 for execution);
- Four (4) technical judges;
- Six (6) execution judge;
- One (1) assistant judge, appointed by RFEG.

Both juries will need:

- Two (2) line judges;
- Two (2) timekeepers.

In the two parts reserved for the assessment of difficulty and execution, the highest and lowest marks will be eliminated and the average of the two middle marks will be calculated, with the arithmetical average of the two central marks.

The officiating judges in these parts of the competition will at least possess the Category 3 Diploma.

Each participating NOC may appoint one (1) judge to officiate during the competition. In the event where the number of judges designated by each country is insufficient, the RFEG, with the agreement of FIG Technical Delegate, will appoint the number of international category judges needed to conduct the competition, in accordance with FIG regulations.

#### 14.3 Information meeting for judges

Before officiating, the judges will participate in an information session held under the supervision of FIG Technical Delegate, and in a meeting room at the competition venue.

The following issues will be determined during this meeting:

- The composition of each jury;
- A uniform method of applying regulations;
- Conditions allowing for the correct conduct of the competition.

## 15. Claims

Claims will be ruled on following FIG technical regulations. Any claim can be raised by the relevant NOC, in written in Arabic, French or English, accompanied by an economical deposit in cash which amount is established by FIG rules.

All claims will be addressed to the TIC<sup>1</sup> for Rhythmic Gymnastics who will forward them to the secretariat of the Jury of Appeal and to the ICMG Technical Commission.

The deposit will only be refunded if the claim is successful.

## 16. Sport clothing

Participants at the Rhythmic Gymnastics competition of the XVIII Mediterranean Games Tarragona 2018 will have to wear a sport equipment that complies with FIG and ICMG regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name of the manufacturer of the clothing or the equipment will be tolerated if it is discreet and does not have any advertisement purpose, in accordance to the ICMG and FIG rules.

The same rule will apply for the **Medal Ceremonies** regarding sport clothing and advertisement. Athletes will step on the podium with the official clothing of their respective NOC.

## 17. Medal ceremonies

Medal ceremonies will take place at the end of each competition.

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<sup>1 1</sup> The acronym TIC (Technical information centre) that is used in several sports will adopt the technical name of each competition (Referee, Technical Directory, etc...)

### 17.1 Medals and diplomas

The following medals and diplomas will be distributed, as per the ICMG rules:

#### 17.1.1 First place

Gold medal and diploma to the gymnast classified first.

#### 17.1.2 Second place

Silver medal and diploma to the gymnast classified second.

#### 17.1.3 Third place

Bronze medal and diploma to the gymnast classified third.

#### 17.1.4 From the fourth to the eight place

Diploma to the gymnasts classified fourth to eight for each event and category.

## 18. Calendar and schedule

The competition of Rhythmic Gymnastics will take place **on Friday 29 and Saturday 30 June 2018**, according to the following schedule (this Schedule is provisional and could vary depending on the final entries):

Friday 29 June	
Rhythmic Gymnastics	
Reus Olympic Pavilion	
<b>Competition I</b>	
11:00 - 15:00	Preliminaries individual hoop
	Preliminaries individual ball
16:00 - 20:00	Preliminaries individual clubs
	Preliminaries individual ribbon
Saturday 30 June	
Rhythmic Gymnastics	
Reus Olympic Pavilion	
<b>Competition II</b>	
11:00 - 14:00	FINAL 10 best



The Organising Committee may also change the competition schedule, with the agreement of the Technical Delegate, should special circumstances arise.

Each team or athlete will then be informed, at least, twenty-four (24) hours in advance.

### **19. Technical offices**

Two offices will provide specific information on the Rhythmic Gymnastics competition:

- TIC of Rhythmic Gymnastics, at the competition venue.
- SIC at the Mediterranean Village.

These offices will provide information on the schedule of competition, training sessions, transport, list of players and results.

### **20. Approval of the regulations**

In case of disagreement on the interpretation of these regulations with any other related version, the French version will take precedence.

This Technical Manual was approved by the ICMG on 22 May 2016.



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