

ENG



XVIII MEDITERRANEAN GAMES

TARRAGONA

2018

OCMG

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Athletics



TECHNICAL MANUAL

Index

TECHNICAL INFORMATION	4
1. International Federation	4
2. National Federation	4
3. Management of the competition.....	4
3.1 Management of the venue.....	4
4. Events and dates	5
4.1 Sport programme	5
4.2 Dates and venues	5
5. Conditions for the development of the competition.....	5
5.1 Cancellation of events.....	6
6. Rules of the competition.....	6
7. Technical organisation	6
7.1 Special procedures for the development of the competition.....	6
7.2 Drawing of the lots	7
7.3 Call room.....	7
7.4 Competition area.....	8
7.5 Start orders.....	8
7.6 Post event control	9
7.7 Throwing instruments	9
7.8 Half Marathon	9
7.9 Results announcement.....	11
8. Competition venue.....	11
8.1 Competition area.....	12

8.2 Warm-up area.....	12
8.3 Changing rooms.....	12
8.4 Athletes’ lounge.....	12
8.5 Press Tribune	12
8.6 Sport equipment.....	12
9. Training sessions	12
9.1 Training venues.....	12
9.2 Services available at training venues.....	13
9.3 Media during training sessions.....	14
9.4 Procedure for the scheduling of training sessions	14
10. Participation	15
11. Entries.....	15
11.1 General principles.....	15
11.2 Procedures.....	16
11.3 Confirmation of entries	16
12. Technical Meeting	17
13. Medical services	17
13.1 Medical services available at the Village and on the competition venues.....	17
13.2 Anti-doping control	18
14. Referees-umpires	18
14.1 Jury of Appeal	18
14.2 Officials	19
15. Claims	19
16. Sport clothing	19
16.1 Number bibs	20
17. Medal ceremonies.....	20

17.1 Medals and diplomas	20
17.2 Medals and diplomas for the Relay events	21
18. Calendar and schedule	21
19. Technical offices	23
20. Approval of the regulations.....	23

TECHNICAL INFORMATION

1. International Federation

INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS (IAAF)

6-8, Quai Antoine 1er, B.P. 359 – MC 98007 Monaco Cedex

Phone: + 377 93 10 88 88

Website: www.iaaf.org

Email: iaaf@iaaf.org

President: Lord Sebastian Coe

Secretary General: Mr. Olivier Gers

2. National Federation

REAL FEDERACIÓN ESPAÑOLA DE ATLETISMO (RFEA)

Avda. de Valladolid, 81, esc. dcha. 1º – E 28008 Madrid

Phone: + 34 91 548 24 23

Website: www.rfea.es

E-mail: rfea@rfea.es

President: Mr. Raúl Chapado

Secretary General: Mr. José Luis de Carlos

3. Management of the competition

Technical delegate of IAAF: Mr. Antonio Pérez Cristóbal

Competition manager: Mr. Antonio Pérez Cristóbal

Competition manager for adaptive sport: Mr. Rubén Pérez

3.1 Management of the venue

Venue manager: Mr. Lluís Trote

4. Events and dates

4.1 Sport programme

The competition of Athletics at the XVIII Mediterranean Games Tarragona 2018 will include the following events:

ATHLETICS	
Men	Women
100 m	100 m
200 m	200 m
400 m	400 m
800 m	800 m
1500 m	1500 m
5000 m	5000 m
110 m hurdles	100 m hurdles
400 m hurdles	400 m hurdles
3000 steeple	3000m steeple
4 x 100 m	4 x 100 m
4 x 400 m	4 x 400 m
High jump	Pole vault
Long jump	Long jump
Shot put	Triple sault
Discus	Discus
Javelin	Hammer throw
Half Marathon	Half Marathon
1 500m T54	800 m T54

4.2 Dates and venues

The competition of Athletics will be held at the Campclar Athletics Stadium, within the Mediterranean Ring, in Tarragona, **from Wednesday 27 to Saturday 30 June 2018.**

5. Conditions for the development of the competition

The competition of Athletics will take place if a minimum of eight (8) countries for the Men's tournament and of six (6) countries for the Women's tournament are entered **by 23:59 (Spanish time) on 22 March 2018.**

According to the number of entries, the President of the ICMG Technical Commission, together with one (1) or two (2) members of said commission, appointed by the ICMG President, and in the presence of the OCMG Tarragona 2018 Sports Director, will decide, **on 09 May 2018**, on the list of cancelled events.

Once an event will have been confirmed, it will be held and the corresponding medals and diplomas distributed, regardless of the number of participants.

5.1 Cancellation of events

The OCMG Tarragona 2018 will inform immediately all the National Olympic Committees (NOCs) of the list of those cancelled events that have not reached the minimum quota of participants.

6. Rules of the competition

The Athletics competition will be held according to IAAF rules in force **on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

All other issues not covered in this Technical Manual will be solved as follows:

- For general issues, ICMG regulations will apply.
- For technical issues, IAAF regulations will apply

7. Technical organisation

RFEA, under the supervision of IAAF Technical Delegate, is responsible for the technical organisation and for the development of the Athletics competition during the XVIII Mediterranean Games Tarragona 2018.

7.1 Special procedures for the development of the competition

Any issue that may arise prior or during the events will be resolved by the competition management, as per ICMG and IAAF rules, **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

The exact measures to be taken regarding the organisation of the Athletics competition will depend on the final number of participants.

7.2 Drawing of the lots

The lots to determine the starting lists will be drawn **on 26 June 2018** before the Technical Meeting, after each delegation will have confirmed the final list of entries of their athletes.

7.3 Call room

There will be one call room and one meeting point

The meeting point will be allocated next to the training zone.

The call room will be located at the indoor track of the Stadium. The following procedure will apply:

a) All athletes must present themselves in the meeting point within the following deadlines prior to their events:

- Track events in the stadium, with the exception of the Hurdles and relay events: 35 minutes prior to the event's official start time;
- Hurdles and relay races: 40 minutes prior to the event's official start time;
- Long jump, triple jump and throwing events: 55 minutes prior to the event's official start time;
- High jump: 60 minutes prior to the event's official start time;
- Pole vault: 90 minutes prior to the event's official start time;
- Half-marathon: 40 minutes prior to the event's official start time.

b) Team Leaders are responsible for informing all the athletes of the time at which they must present themselves at the meeting point and the procedures to follow in the Call Rooms. In accordance with the IAAF regulations, athletes who fail to present themselves at Call Room may be excluded from the event in question.

c) Athletes will be lead from the meeting point to the Call Room where normal check will be done.

In accordance with the IAAF regulations, the judges in Call Room will verify the following:

- Number bibs
- Shoes
- Uniforms

- Bags
 - Personal effects (athletes are forbidden to use video recorders, radios, CD players, radio transmitters, mobile phones or similar devices within the stadium, in accordance with rule 144 of the IAAF regulations),
 - Advertising
- d) Any equipment that does not comply with the relevant regulation will be retained by the judges, who will issue the athlete with a receipt for such items. This equipment may be recovered at the end of the event on presentation of the receipt at the Technical Information Centre (TIC).

7.4 Competition area

After being checked in Call Room and at the stipulated time, the athletes will be accompanied by a judge into the stadium and up to the starting line or competition area.

During the event itself, no athlete may leave the competition area without permission from the event's chief judge. If such permission is granted, the athlete must subsequently be accompanied out of the competition area by a judge.

Athletes will leave the Campclar Athletics Stadium by the closest exit to the finishing line and will go through the Mixed Zone before presenting themselves at the Post Event Control Area, where they will be able to recover any personal effects.

During the High jump and pole vault finals, eliminated athletes will leave the competition area at each change of height, on condition that a judge accompanies them. This does not apply to athletes finishing first, second and third, who will exit the competition area together at the end of the event.

7.5 Start orders

Starter's orders will be given in English.

Up to the 400 m, the orders will be:

- On your marks!
- Set!

- *Starting gun*

From the 800 m, the orders will be:

- On your marks!
- *Starting gun*

7.6 Post event control

The Post Event Control Area will be located next to the Mixed Zone. Baskets containing the clothing and bags deposited by the athletes prior to the event will be made available there. Athletes will also recover their accreditation cards, and doping control personnel will complete the administrative formalities with competitors selected to undergo testing. The top three placed athletes in event finals will receive instructions on medal ceremony procedures here.

7.7 Throwing instruments

In accordance with the IAAF regulations, COJM Tarragona 2018 will provide three (3) throwing instruments for each throwing event.

Athletes wishing to bring their own instruments must deposit them at the TIC (Technical Information Centre) for Athletics for verification twenty-four (24) hours prior to the event. The use of these instruments must comply with the IAAF regulations and have the relevant IAAF certificate. The instruments will be made available to the athletes during the events.

7.8 Half Marathon

The start and finish of the half-marathon for the XVIII Mediterranean Games Tarragona 2018 will be in the Campclar Athletics Stadium, while the route itself will be an urban road circuit.

There will be two sets of rankings for the half-marathon: men and women.

7.8.1 Refreshment stations

There will be four (4) refreshment stations positioned at kilometres five (5), ten (10), fifteen (15) and twenty (20). Each of these stations will comprise two (2) stands:

- Personal refreshments,
- General refreshments.

Indication boards will be positioned 100 metres before the refreshment station.

7.8.1.1. Personal refreshments

Competitors in the half-marathon will be able to prepare their own personal refreshment products. Any personal refreshment products to be used must be deposited at the Mediterranean Village prior to the race at the time and location to be informed.

The organisers will then take the bottles to the stipulated stations markers. Team officials may take refreshment products to the stations markers on condition that they are accredited to access the refreshment stations. Passes for this will be issued at the Sport Information Centre (SIC) at the Mediterranean Village, prior to the competition.

COJM Tarragona 2018 will provide participants with bottles and labels for their refreshment products.

These bottles and labels will be distributed at the SIC. Athletes are also authorised to use their own bottles on condition that the bottles display no commercial brands.

All bottles must clearly display the following information:

- Athlete's name;
- Athlete's bib;
- Three letter code of the athlete's NOC;
- Kilometre marker where the refreshment should be deposited.

All tables will be identified with the name of the NOCs.

7.8.1.1. Collective refreshments

In addition to the tables for personal refreshments, the OCMG Tarragona 2018 will provide tables for collective refreshments.

These refreshments will be comprised of:

- Water

- Isotonic drinks

7.9 Results announcement

As soon as they are available, results will appear on the digital billboard of the Campclar Athletics Stadium.

An announcement will be made each time a new result appears on the billboard.

Results will also appear on the notice board at the TIC for Athletics, on the website and on any other application for mobile devices that may be developed. Results will be deemed as official when the organisation has posted them.

All NOCs participating in Athletics events will have a pigeonhole where they will receive results and related information. These will be located at the TIC for Athletics and the SIC at the Mediterranean Village.

Team leaders will be duly informed during the Technical Meeting.

8. Competition venue

The Athletics competition at the XVIII Mediterranean Games Tarragona 2018, (except the Half Marathon), will be held at the Campclar Athletics Stadium, 10.2 Km from the Mediterranean Village. The stadium can host 2.500 spectators.

Competition venue	Distance to Village	Capacity	Municipality
Campclar Athletics Stadium	10.2 Km	2.500	Tarragona

8.1 Competition area

The competition area will have one (1) 8-lane 400m track with an additional 9th lane on the straight stretch. The track is homologated by IAAF.

8.2 Warm-up area

Close to the competition area, athletes will have an area for warm-up.

8.3 Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

8.4 Athletes' lounge

Athletes will have at their disposal a lounge with water, energising drinks and fruits.

8.5 Press Tribune

Accredited media will have a press tribune and press room at their disposal.

8.6 Sport equipment

All sport and technical equipment used during Athletics competitions and trainings will comply with IAAF rules **in force on 1 January 2018**, unless the ICMG exceptionally authorises otherwise.

9. Training sessions

9.1 Training venues

Training sessions for Athletics at the XVIII Mediterranean Games Tarragona 2018 will be held at the Campclar Athletics Stadium, within the Mediterranean Ring, and at the Cambrils track, 10,2 Km and 13,5 Km respectively from the Mediterranean Village.

Training venues	Distance to Village	Municipality	Observations
Campclar Athletics Stadium	10.2 Km	Tarragona	Competition venue Training venue for track and jumps
Athletics track	13.5 Km	Cambrils	Training venue for throws

During the competition a track in Cambrils will be made available for trainings with a schedule to ensure optimum use and athlete's safety during trainings.

Two groups will be differentiated: throws and track and jumps.

Specific training schedules will be informed at the TIC for Athletics in Campclar Athletic and at the SIC at the Mediterranean Village.

9.1.1 Calendar and schedules for training sessions

The following venues will be available for athletes, with the following schedules:

Date	Venue	Schedule
25/06/2018	Cambrils Athletics track	9.00-13.00/ 16.00-20.00
26/06/2018	Campclar Athletics Stadium	16.00-19.00
26/06/2018	Cambrils Athletics track	9.00-13.00/ 16.00-20.00
27/06/2018	Campclar Athletics Stadium	10.00-12.00
27/06/2018	Cambrils Athletics track	9.00-13.00/ 16.00-20.00
28/06/2018	Campclar Athletics Stadium	10.00-12.00
28/06/2018	Cambrils Athletics track	9.00-13.00/ 16.00-20.00
29/06/2018	Campclar Athletics Stadium	10.00-12.00
29/06/2018	Cambrils Athletics track	9.00-13.00/ 16.00-20.00
30/06/2018	Cambrils Athletics track	9.00-13.00

9.2 Services available at training venues

9.2.1 Changing rooms

Athletes will have separate changing rooms for men and women, equipped with showers and toilets.

9.2.2 Athletes' lounge

At the training venues, athletes will have at their disposal a lounge with water, energising drinks and fruits.

9.3 Media during training sessions

Training sessions will be opened to the media but not to the public. The competition manager will be authorised to change this rule when and if he deems it necessary.

9.4 Procedure for the scheduling of training sessions

NOCs will receive the planning of training sessions during the first half of June. They will have to confirm that they will make use of their allocated sessions during the DRM.

9.4.1 Before the competition

As a general rule, the Competition Management will put the relevant venues at the athletes' disposal, for one daily session, two (2) days before the beginning of the competition, that is to say, **on 25 June 2018**.

If they have requested it during the DRM and following the procedure, delegations will be able to use these venues for training purposes, five (5) days before the beginning of the competition, that is to say, **from 22 June 2018**.

9.4.2 During the competition

During the Technical Meeting, **on 26 June 2018**, the Organising Committee will deliver the Training schedule during competition. Each NOC will then be able to inform of its specific training needs; these will be assessed to be included in the Training schedule during competition.

9.4.3 Special dispositions for men and women T54 trainings

If necessary, special dispositions will be adopted for the T54 training sessions.

Upon their arrival, teams will receive all relevant information on the training sessions, both at the Sport Information Centre (SIC) at the Mediterranean Village and at the Technical Information Centre (TIC) for Athletics.

10. Participation

All NOCs members of the ICMG, whose National Federation is a member association of IAAF, are entitled to participate in the Athletics competition of the XVIII Mediterranean Games Tarragona 2018.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the conditions and rules of ICMG and IAAF.

Each NOC may take part in the Athletics competition with two (2) men and two (2) women, for the individual events, except for the Half Marathon.

For the Half Marathon, each NOC may enter three (3) men and three (3) women.

For the Relay event, each NOC may enter a men and a women relay team, with a maximum of six (6) athletes in each team. Once the list of the four athletes has been confirmed, the other two (2) additional athletes will be considered as replacements.

The definitive team line-up and starting order for the Relay races must be announced officially in Call Room 1 no later than one (1) hour before having to be present there.

11. Entries

11.1 General principles

The XVIII Mediterranean Games Tarragona 2018 are open to all the athletes of the NOCs of the Mediterranean countries members of the ICMG, as indicated in the rules of the ICMG Charter and of the IOC.

All athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, every participating athlete will have to fill in and sign the “Athlete Consent Form” as defined by the World Anti-doping Agency.

11.2 Procedures

The registration process is linked to the general system of accreditations.

The OCMG Tarragona 2018 entry system is an e-accreditation portal accessible through the official website of the Games: www.tarragona2018.cat.

Each delegation will have its own user name and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Tarragona 2018: entries@tarragona2018.cat

11.2.1 Entries by number

The list of entries by number of participants for each NOC and event will have to be submitted, through the e-accreditation portal, **by 23:59 (Spanish time) on 22 March 2018**.

11.2.2 Preliminary entries by name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal, **by 23:59 (Spanish time) on 06 April 2018**.

11.2.3 Final entries by name (Short list)

The NOC of each participating country will have to submit to the OCMG Tarragona 2018, through the e-accreditation portal, the form with the final entries of their participants by name, fifteen (15) days before the beginning of the Games, **that is to say on 07 June 2018 (before 23:59, Spanish time)**.

11.3 Confirmation of entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed, at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Head of Mission of each NOC.

12. Technical Meeting

The technical Meeting will take place **on 26 June 2018, at 11:00, at the Residents' Services Centre of the Mediterranean Village.**

The meeting will be carried out according to IAAF rules, and chaired by IAAF Technical Delegate. The following persons must be in attendance:

- IAAF Technical Delegate;
- One member of the ICMG Technical Commission;
- The team managers (one per country);
- The coaches (one per team);
- The teams' doctors (one per team);
- The OCMG Tarragona 2018 Competition Manager for Athletics.

13. Medical services

13.1 Medical services available at the Village and on the competition venues

During the XVIII Mediterranean Games Tarragona 2018, medical services will be available to any accredited athlete or official who might need them, both at the Mediterranean Village and on the competition venues.

13.1.1 Mediterranean Village

The polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First aid
- Emergency services 24/24h

A fleet of ambulances will link the polyclinic and the main hospitals, should additional care be needed.

13.1.2 Competition venues

During the events, all competition venues will provide to the athletes the following services:

- Medical services
- Ambulance services

Coolers filled with ice will be available for the delegations at all sport venues.

13.2 Anti-doping control

Anti-doping controls will be carried out during or out of the competition, under the authority of the ICMG Medical and Anti-doping Commission and with the collaboration of the OCMG Tarragona 2018 anti-doping services, in accordance with the rules of ICMG, IAAF and the World Anti-doping Code.

All competitors who undergo a control will receive written notification. The official procedure for the collection of sample will subsequently start, in accordance with the official deadlines and regulations.

Any athlete who refuses to submit to a doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned (together with the members of his/her team for the Relay events), in accordance with the ICMG and IAAF regulations.

14. Referees-umpires

14.1 Jury of Appeal

In accordance with the technical event regulations of each sport at the XVIII Mediterranean Games Tarragona 2018, international juries of appeal will be formed. They will be responsible for ruling on formal protests and appeals

In the event that the Technical Delegate is not the Chairman of the Jury of Appeal, the IAAF will, through its Technical Delegate, designate the Chairman of the appropriately composed Jury of Appeal.

Unless special dispensation is granted by IAAF, a Jury of Appeal will be composed of one (1) Chairman and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries.

The list will be communicated by the Technical Delegate during the Technical Meeting mentioned in point 12 of the present manual.

During the processing of a dispute, the members of the Jury of Appeal belonging to the countries involved will be replaced with another member elected by the Technical Delegate.

14.2 Officials

RFEA will appoint all officials for the Athletics competition at the XVIII Mediterranean Games Tarragona 2018.

15. Claims

Claims will be ruled on following IAAF regulations. Any claim can be raised by the relevant NOC, in written in Arabic, French or English, accompanied by an economical deposit in cash which amount is established by IAAF rules.

All claims will be addressed to the TIC for Athletics who will forward them to the secretariat of the Jury of Appeal and to the ICMG Technical Commission.

The deposit will only be refunded if the claim is successful.

16. Sport clothing

Participants at the Athletics competition of the XVIII Mediterranean Games Tarragona 2018 will have to wear a sport equipment that complies with IAAF and ICMG regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name of the manufacturer of the clothing or the equipment will be tolerated if it is discreet and does not have any advertisement purpose, in accordance to the ICMG and IAAF rules.

The same rule will apply for the **Medal Ceremonies** regarding sport clothing and advertisement. Athletes will step on the podium with the official clothing of their respective NOC.

16.1 Number bibs

During the Technical Meeting, COJMA Tarragona 2018 will provide five (5) bibs for each athlete participating in the Athletics competition: two (2) for their competition uniforms, two (2) for their tracksuits and one (1) for their bag. These numbers should not be cut, folded or covered in any way whatsoever.

All athletes must wear their bibs on the front and back, except for competitors in jumping events who can wear just one bib either on the front or back.

All track event competitors will receive two extra self-adhesive hip numbers that they must attach to each side of their shorts or thighs.

17. Medal ceremonies

Medal ceremonies will take place at the end of each competition and according to the schedule.

17.1 Medals and diplomas

The following medals and diplomas will be distributed, as per the ICMG rules:

17.1.1 First place

Gold medal and diploma to the athlete classified first in each event.

17.1.2 Second place

Silver medal and diploma to the athlete classified second in each event.

17.1.3 Third place

Bronze medal and diploma to each of the athlete classified third in each event

17.1.4 From the fourth to the eight place

Diploma to the athlete classified fourth to eight in each event.

17.2 Medals and diplomas for the Relay events

The following medals and diplomas will be distributed, as per the ICMG rules:

17.1.1 First place

Gold medal and diploma to each member of the team classified first in each event.

17.1.2 Second place

Silver medal and diploma to each member of the team classified second in each event.

17.1.3 Third place

Bronze medal and diploma to each member of the team classified third in each event

17.1.4 From the fourth to the eight place

Diploma to the each member of the teams classified fourth to eight in each event.

18. Calendar and schedule

The Athletics competition will take place from Wednesday 27 to Saturday 30 July 2018, according to the following schedule (this schedule is provisional and could vary depending on the final entries):

Wednesday 27 June		
Athletics		
Campclar Athletics Stadium		
	Event	Gender
18.30	FINAL Hammer	FEMENINO
19.00	SEMI-FINALS 400 m Hurdles	MEN
19.20	SEMI-FINALS 400 m Hurdles	FEMENINO
19.45	SEMI-FINALS 800 m	FEMENINO
20.00	FINAL Shot put	MEN

20.15	SEMI-FINALS 100 m Hurdles	FEMENINO
20.15	FINAL Long jump	FEMENINO
20.30	SEMI-FINALS 100 m	MEN
20.50	SEMI-FINALS 100 m	FEMENINO
21.10	FINAL 3000 m Steeplechase	MEN
21.25	FINAL 5000 m	MEN

Thursday 28 June

Athletics

Campclar Athletics Stadium

	Event	Gender
19.30	SEMI-FINALS 800 m T54	WOMEN
19.40	FINAL pole vault	WOMEN
19.45	SEMI-FINALS 800 m	MEN
20.05	SEMI-FINALS 200 m	WOMEN
20.20	SEMI-FINALS 200 m	MEN
20.30	FINAL Discus	WOMEN
20.40	SEMI-FINALS 110 m Hurdles	MEN
20.55	FINAL 400 m	WOMEN
21.00	FINAL 400 m	MEN
21.10	FINAL 100 m	WOMEN
21.15	FINAL 100 m	MEN
21.25	FINAL 3000 m Steeplechase	WOMEN

Friday 29 June

Athletics

Campclar Athletics Stadium

	Event	Gender
19.30	FINAL Discus	MEN
19.45	FINAL High jump	MEN
20.00	FINAL triple jump	WOMEN
20.05	FINAL 400 m Hurdles	MEN
20.15	FINAL 200 m	MEN
20.25	FINAL 200 m	WOMEN
20.35	FINAL 800 m	WOMEN
20.40	FINAL 800 m T54	WOMEN
20.55	FINAL 100 m Hurdles	WOMEN
21.05	FINAL 1500 m	MEN
21.15	FINAL 5000 m	WOMEN

Saturday 30 June

Athletics

Campclar Athletics Stadium

	Event	Gender
09.00	Half Marathon	MEN
10.00	Half Marathon	WOMEN
19.00	FINAL 1500 m T54	MEN
19.30	FINAL Javelin	MEN
19.45	FINAL 400 m Hurdles	WOMEN
19.55	FINAL Long jump	MEN
20.00	FINAL 800 m	MEN
20.15	FINAL 110 m Hurdles	MEN
20.25	FINAL 1500 m	WOMEN
20.40	FINAL 4x100 m	MEN
20.55	FINAL 4x100 m	WOMEN
21.10	FINAL 4x400 m	MEN
21.25	FINAL 4x400 m	WOMEN

The Organising Committee may also change the competition schedule, with the agreement of the Technical Delegate, should special circumstances arise.

Each team or athlete will then be informed, at least, twenty-four (24) hours in advance.

19. Technical offices

Two offices will provide specific information on the Athletics competition:

- TIC of Athletics, at the competition venue.
- SIC at the Mediterranean Village.

These offices will provide information on the schedule of competition, training sessions, transport, list of players and results.

20. Approval of the regulations

In case of disagreement on the interpretation of these regulations with any other related version, the French version will take precedence.

This Technical Manual was approved by the ICMG on 22 May 2016.



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