



OCMG
Organizing Committee of
the Mediterranean Games

XIX Mediterranean Games
ORAN 2022

Sport Organization



GYMNASTICS

TECHNICAL MANUAL

Table of contents

General Information	5
1. Sports on the Program of the XIX Mediterranean Games Oran2022:	6
2. Sports Calendar of the XIX Mediterranean Games Oran 2022:	7
3. Abbreviation Table:	8
Technical Information	9
1. International Federation	10
2. National Federation	10
3. Competition Management:	10
3.1 Venue Management:	10
4. Events and dates:	10
4.1 Sports program:	10
4.2 Dates and venue:	11
5. Conditions for the conduct of the competition:	11
5.1 Cancellation of events:	11
6. Competition rules:	11
7. Technical organization:	12
7.1 Special provisions regarding the competition conduct:	12
7.4 Order of events:	14
7.5 Bibs:	14
8. Competition venue:	14
8.1 Competition area:	14
8.2 Warm-up area:	14
8.3 Changing rooms:	15
8.4 Rest room for athletes:	15
8.5 Press tribune:	15
8.6 Sports equipment:	15
9. Training:	15
9.1 Training venues:	15
9.1.1 Training calendar and schedules:	15
9.2 Services in training venues:	16

9.2.1 Changing rooms:	16
9.2.2 Rest room for athletes:	16
9.3. Media during training:	16
9.4 Procedure for assignments of training sessions:	16
9.4.1 Pre-competition:	16
9.4.2 During the competition:	17
10. Participation:	17
11. Entries:	17
11.1 General principles:	17
11.2 Procedures:	18
11.2.1 Entries by number:	18
11.2.2 Preliminary entries by name (Long list):	18
11.2.3 Final entries by name (Short list):	18
11.3 Confirmation of entries:	18
12. Technical Meeting:	19
13. Health services:	19
13.1 Medical services available in the Village and at the competition venues	19
13.1.1 Mediterranean Village:	19
13.1.2 Competition venue:	19
13.2 Doping control:	20
14. Judges-referees:	20
14.1 Jury of Appeal:	20
14.2 Information meeting for judges:	20
14.3 Responsible for apparatus juries:	21
15. Claims:	21
16. Sports clothing:	21
17. Medal ceremonies:	22
17.1 Medals and diplomas:	22
17.1.1 First place:	22
17.1.2 Second place:	22
17.1.3 Third place:	22
17.1.4 Fourth to eighth place:	22

18. Calendar and schedule:..... 22

19. Technical offices:..... 24

20. Approval of regulations:..... 24



A. General Information



1. Sports on the Program of the XIX Mediterranean Games Oran2022:

1		ATHLETICS	13		KARATE
2		BADMINTON	14		WRESTLING
3		BASKETBALL 3X3	15		SWIMMING
4		BOWLS	16		EQUESTRIAN
5		BOXING	17		TAEKWONDO
6		CYCLING	18		TENNIS
7		FENCING	19		TABLE TENNIS
8		FOOTBALL	20		SHOOTING
9		GYMNASTICS	21		ARCHERY
10		WEIGHTLIFTING	22		SAILING
11		HANDBALL	23		VOLLEYBALL
12		JUDO	24		WATER POLO

3. Abbreviation Table:

Acronym	Definition
ICMG	International Committee of the Mediterranean Games
IOC	International Olympic Committee
IF	International Federation
OCMG	Organizing Committee of the Mediterranean Games
NOC	National Olympic Committee
WADA	World anti-doping Agency
NF	National Federation
MG	XIX Mediterranean Games Oran 2022
DRM	Delegation Registration Meeting
MV	Mediterranean Village
TIC	Technical Information Center
SIC	Sports Information Center
M	Men
W	Women
M/W	Men/Women
QR	Qualification Round
F	Final
QR/F	Qualification Round / Final
FIG	INTERNATIONAL GYMNASTICS FEDERATION
FAG	GYMNASTICS ALGERIAN FEDERATION

B. Technical Information



1. International Federation

INTERNATIONAL GYMNASTICS FEDERATION (FIG)
Avenue de la Gare, 12A, case postale 630 - CH 1001 Lausanne
Phone: + 41 21 321 55 10
Website: www.gymnastics.sports
E-mail: info@fig-gymnastics.org
President: Mr. **Morinari WATANABE**

2. National Federation

GYMNASTICS ALGERIAN FEDERATION (FAG)
HAI KHAROUB N°13 Ain Allah DelyBrahim Algiers
Phone: + 213 23 30 91 35
Website: www.fagym.dz
E-mail: contact@fagym.dz
President: Mr. **Sofiane ZAHI**
General Secretary: Mr. **Abdeladhim BELBEKRI**

3. Competition Management:

FIG Technical Delegate:

M. MICKEVICS Arturs (GAM) (LET)

Ms **Donatella Sacchi** (GAF) (ITA)

Competition Director: Mr. **Hadj Ahmed Rafik BERRACHEDI**

3.1 Venue Management:

Venue director: Mrs. **Souad BARAKA**

4. Events and dates:

4.1 Sports program:

The Artistic Gymnastics competition of the XIX Mediterranean Games Oran 2022 will include the following events:

Men	Women
TEAM COMPETITION MULTIPLE INDIVIDUAL APPARATUS APPARATUS FINALS : <ul style="list-style-type: none"> - FLOOR EXERCISE - POMMEL HORSE - RINGS - VAULT - PARALLEL BARS - HORIZONTAL BAR 	TEAM COMPETITION MULTIPLE INDIVIDUAL APPARATUS APPARATUS FINALS : <ul style="list-style-type: none"> - VAULT - UNEVEN BARS - BALANCE BEAM - FLOOR EXERCISE

4.2 Dates and venue:

The Artistic Gymnastics competition will take place at the Olympic Complex Sports Hall, from **Sunday 26 June to Wednesday 29 June 2022**.

5. Conditions for the conduct of the competition:

The Artistic Gymnastics competition will take place if a minimum of eight (8) countries for the men's events and six (6) countries for the women's events have registered before **11:59 p.m. (Algerian time) on Friday, March 25, 2022**.

The men's competition and the women's artistic gymnastics competition will take place if a minimum of twenty (20) gymnasts have registered before this date.

Depending on the number of entries, the President of the ICMG Technical Commission, assisted by one (1) or two (2) members of this commission appointed by the President of the ICMG, and in the presence of the president of the ICMG commission. sports organization of the OCMG Oran 2022, will decide, **on Monday May 30, 2022**, the list of canceled events

Once the progress of a competition has been confirmed, it will take place and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

5.1 Cancellation of events:

The OCMG Oran 2022 will immediately inform each National Olympic Committee (NOC) of the list of events that have been canceled because they do not meet the required number of participants.

6. Competition rules:

The Artistic Gymnastics competition will take place in accordance with the FIG regulations in force on **January 1, 2022**, with special exceptions authorized by the ICMG.

Questions not addressed in this technical manual will be resolved as follows:

- For general questions, the ICMG rules will be applied.
- For technical questions, the FIG regulations will be applied.

7. Technical organization:

The FAG, under the supervision of the FIG Technical Delegate, is responsible for the technical organization and running of the Artistic Gymnastics competition during the XIX Mediterranean Games Oran 2022.

7.1 Special provisions regarding the competition conduct:

Any problems that may arise before or during the events will be resolved by the Competition Management, in accordance with the ICMG and FIG regulations in force **on January 1, 2022**, except for specific exceptions authorized by the ICMG.

Precise arrangements for the organization of the Artistic Gymnastics competition will be made according to the number of participants.

General team competition and qualifications:

In this competition, the gymnasts will perform free exercises, for the team competition and for the individual competition.

The team will be made up of six (6) gymnasts (5 + 1 reserve gymnast).

Competition system 5-4-3.

Individual all around event:

The twenty-four (24) best men's gymnasts and the twenty-four (24) best women's gymnasts from the team competition will take part in the final of the individual all-around competition.

In the case of a two (2) point tie between two (2) or more gymnasts for 24th place in the classification of the team competition, these gymnasts will take part in the individual all-around competition according to the system of tiebreaker established in the FIG technical regulations.

A maximum of two (2) men gymnasts and two (2) women gymnasts per country may participate in this competition.

The distribution of gymnasts in the groups and the order of participation will be established by drawing lots, in accordance with the FIG technical regulations.

Apparatus finals:

The gymnasts (men or women) who obtain the eight (8) best marks on each apparatus of the team competition will participate in the apparatus final according to the breaking system established in the technical regulations of the competition.

In the case of a tie for 8th place in the ranking of the team competition, these gymnasts will take part in the apparatus final according to the breaking system established in the technical regulations of the FIG.

A maximum of two (2) men gymnasts and two (2) women gymnasts, per country and per apparatus, may participate in this competition. The starting order for the apparatus final will be determined by drawing lots, according to the FIG technical regulations.

7.2 Drawing of the lots:

The drawing of lots for the order of performance of the gymnasts will be carried out two days before the start of the competition, on **Friday June 24, 2022**, during the technical meeting and in the presence of representatives of the registered teams.

7.3 Ranking:

General team competition:

The ranking of the competition by team, men and women, will be done by adding the points of the three (3) best participants on each apparatus. The men's and women's teams will be made up of three (3) to five (5) gymnasts, with a maximum of four (4) per apparatus; the three (3) best scores are added up.

Individual all around event:

The ranking of the individual all-around competition, men and women, will be carried out by adding the points obtained by the participants on all the apparatus.

Apparatus finals:

The ranking of the finals by apparatus, men and women, will be done by adding the points obtained by the gymnasts in each event.

7.4 Order of events:

The order of the apparatus used by the gymnasts in the events will be as follows:

Men	Women
Floor exercise	Vault
Pommel horse	Uneven bars
Rings	Balance beam
Vault	Floor exercise
Parallel bars	
Horizontal bar	

7.5 Bibs:

The gymnasts who will take part in the competition must wear the bibs provided by the OCMG Oran 2022.

8. Competition venue:

The Artistic Gymnastics competition of the XIX Mediterranean Games Oran 2022 will take place at the Olympic Complex Sports Hall, 04 Km kilometers from the Mediterranean Village. The venue has a capacity of 6000 spectators.

Competition venue	Distance from the Village	Capacity	Municipality
Olympic Complex Sports Hall	04 Km	6000	Bir El Djir

8.1 Competition area:

The competition area will measure 51m x 30m. A podium will be installed in the center of the area on which the apparatus for the Artistic Gymnastics competition will be placed.

The apparatus will respect the specifications of the FIG regulations.

8.2 Warm-up area:

Warm-ups before the competition will be carried out in the same venue as the competition (annex hall).

8.3 Changing rooms:

The participants will have at their disposal men and women changing rooms equipped with showers and toilets.

8.4 Rest room for athletes:

The athletes will have a rest room equipped with water, energy drinks and fruits.

8.5 Press tribune:

Accredited media will have a platform and a working room at their disposal.

8.6 Sports equipment:

All sports material and technical equipment used during Artistic Gymnastics competitions and training must comply with the standards established in the FIG regulations, in force on **January 1, 2022**.

9. Training:**9.1 Training venues:**

The training for the Artistic Gymnastics of the XIX Mediterranean Games Oran 2022 will take place at the Olympic complex Omni Sports Hall, and the competition Hall, which is 4 kilometers away Mediterranean Village.

Training Venues	Distance from the Village	Municipality	Observations
Olympic complex Omni Sports Hall	04 km	Bir El Djir	Similar equipment to those of the competition
Olympic Complex Sports Hall	04 km	Bir El Djir	Competition venue

9.1.1 Training calendar and schedules:

The athletes will have at their disposal a fully equipped Hall, according to the times indicated below:

Date	Venues	Hours
From 23 to 24 June 2022	Olympic Complex Sports Hall	From 8:00 a.m. at 08:00 p.m.
	Olympic complex Omni Sports Hall	
25 June 2022	Olympic Complex Sports Hall	From 08:00am to 02/00 pm
	Olympic complex Omni Sports Hall	
From 26 to 28 June 2022	Olympic complex Omni Sports Hall	From 8:00 a.m. at 08:00 p.m.

9.2 Services in training venues:

9.2.1 Changing rooms:

The participants will have at their disposal men and women changing rooms equipped with showers and toilets.

9.2.2 Rest room for athletes:

In the training venues, athletes will have a rest room equipped with water, energy drinks and fruits.

9.3. Media during training:

The training sessions will be open to the media but not to the public. The Competition Director will be the person empowered to modify this standard whenever necessary.

9.4 Procedure for assignments of training sessions:

NOCs will receive the program of training sessions at the latest Ten (10) Days before the DRM.

They will need to confirm that they will use the sessions assigned to them during the DRM.

9.4.1 Pre-competition:

In general, the competition management will make available to the athletes, for a daily training session in the venue designated for this purpose, Three (3) days before the start of the competition, that is to say, on **Thursday June 23, 2022.**

If they have requested them during the DRM, following the established procedure, the delegations will be able to use the venues for training Four (4) days before the start of

the competition, that is to say, from **Wednesday 22 June 2022 Depending on the availability of infrastructure and in accordance with the criteria mentioned in the Heads of Mission Manual.**

The training sessions will have a maximum 1 hour 30 minutes

9.4.2 during the competition:

During the technical meeting of **June 24, 2022**, the organizing committee will present the training and competition program, which will have been sent beforehand for confirmation to the participating delegations, with the work plan.

During the technical meeting, each NOC will then be able to present their specific training needs, which will be assessed for inclusion in the training program for the competition phase.

All NOCs will have to confirm that they will use their training session, before 5:00 pm the day before training; otherwise, said session will be made available to the other NOCs. They may also request, before 5:00 p.m., additional training which may be allocated to them, from 8:00 p.m. on the same day, depending on the availability of the venues.

The teams will receive information on the training sessions on their arrival, at the Sports Information Center SIC of the Mediterranean Village and at the Technical Information Center TIC of Artistic Gymnastics.

10. Participation:

All member NOCs of the ICMG, of which the National Artistic Gymnastics Federation is a member of the FIG, may participate in the Artistic Gymnastics competition of the XIX Mediterranean Games Oran 2022. Gymnasts must be in possession of a valid FIG license. Valid until the end of the competition.

The athletes who will participate in the competitions must have the nationality of the country they represent and respect the conditions and regulations of the ICMG and the FIG.

Each NOC can participate in the Artistic Gymnastics competition with a men's team and a women's team.

Each team will be composed of a minimum of three (3) and a maximum of six (6) gymnasts. A maximum of five (5) of them will participate on each apparatus. One (1) reserve gymnast per team may be included.

To take part in the Artistic Gymnastics competition, men gymnasts must be at least eighteen (18) years old and women gymnasts, sixteen (16) years old, in 2022.

11. Entries:

11.1 General principles:

The XIX Mediterranean Games Oran 2022 is open to all athletes from NOCs of Mediterranean member countries of the ICMG, according to the standards of the ICMG Charter and the IOC.

All athletes participating in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, all participating athletes must complete and sign the "consent form" as defined by the World Anti-Doping Agency.

11.2 Procedures:

The delegation registration process is linked to the general accreditation system.

The registration system set up by the OCMG Oran 2022 consists of an online computer application, accessible through the official Games' website: <https://entriesoran2022.dz>

Each delegation will have a user name and a password of their own which will allow them to access the online application in Two Languages: English and French.

The online application will allow to print a list of sports entries which, once signed, must be sent, before the deadlines indicated hereafter, to the OCMG Oran 2022: sportsinscription@oran2022.com

11.2.1 Entries by number:

The list of entries with the number of participants per sport and per event must be submitted, through the online application, before **23:59 (Algerian time), on Friday March 25, 2022.**

11.2.2 Preliminary entries by name (Long list):

The list of preliminary entries of participants by name, by sport and by event must be submitted, through the online application, before **23:59 (Algerian time) on Friday, April 15, 2022.**

11.2.3 Final entries by name (Short list):

The NOCs of all participating countries must send to the OCMG Oran 2022, no later than **Thursday May 26, 2022 (23:59 Algerian time)**, the form of the nominative and final entries of their participants, through the online application.

11.3 Confirmation of entries:

Confirmation of entries will take place during the DRM and any subsequent eligible changes will be presented to the SIC and confirmed, at the latest, during the technical meeting.

The specific forms for the confirmation of entries will be given to the head of mission of each NOC.

12. Technical Meeting:

The technical meeting will take place on Friday, June 24, 2022, at 5:00 p.m., at the competition venue.

The meeting will take place in accordance with the FIG regulations, under the direction of the FIG Technical Delegate. The following people should be present at this meeting:

- The FIG Technical Delegate, (1 delegate GAF - 1 delegate GAM)
- A member of the ICMG Technical Commission,
- Team leaders (one per country),
- Coaches (one per team),
- Team doctors (one per team),
- The Director of the Artistic Gymnastics competition of the OCMG Oran 2022.

13. Health services:

13.1 Medical services available in the Village and at the competition venues

During the XIX Mediterranean Games Oran 2022, medical assistance will be available for any athlete or accredited official who needs it, both in the Mediterranean Village and at all competition venues.

13.1.1 Mediterranean Village:

The Mediterranean Village polyclinic will provide residents with the following health services:

- Sports medicine,
- Physiotherapy,
- First aid,
- 24-hour emergency services

Ambulance teams will serve as a link between the polyclinic and the main hospitals, in the event that additional care is required.

13.1.2 Competition venue:

During the course of the events, all competition venue will have the following services available to athletes:

- Medical services
- Medical transport service

Coolers filled with ice cubes will be made available to delegations in all sports venues.

13.2 Doping control:

Anti-doping controls will be carried out during competition or out of competition, under the responsibility of the ICMG Medical and Anti-Doping Commission and with the collaboration of the anti-doping services of OCMG Oran 2022, in accordance with the rules of the ICMG, the FIG and the World Anti-Doping Code.

Each participant subject to a control will receive a written notification, at which point the procedure to collect the control sample will begin, and this, in the times and in the manner established by law.

The athlete who refuses to submit to a doping control procedure, or who has a positive analysis of his sample, will be excluded from the competition and will be sanctioned as well as his team, if necessary, in accordance with the rules of the ICMG and of FIG.

14. Judges-referees:

14.1 Jury of Appeal:

In accordance with the technical regulations of the events of each sport on the program of the XIX Mediterranean Games Oran 2022, international appeal judges will be appointed to deal with any claims.

If the FIG Technical Delegate does not chair the Jury of Appeal, the FIG will appoint, through him, the President of the jury which will be composed according to the regulations in force.

As a general rule, and except for specific provisions of the FIG, a Jury of Appeal will be composed of one (1) President and two (2) members chosen from a list of six (6) qualified persons among the representatives of the participating countries.

The list of members of the Jury of Appeal will be communicated by the Technical Delegate during the technical meeting.

When processing a claim, the members of the Jury of Appeal who are nationals of the countries concerned must abstain. The FIG Technical Delegate will appoint the D2 jury according to the category and the experience of the registered judges. The E jury for each event will be formed by a draw before the competition.

14.2 Information meeting for judges:

The judges will take part in the information meeting which will be held on **Friday June 24, 2022 at 6:00 p.m.**, after the technical meeting and which the FIG Technical Delegate will chair.

The following questions will be addressed:

- Selection of the judges for the apparatus of the various events,
- Uniform application of regulations,
- Conditions necessary for the smooth running of the events.

During the competitions, and one hour before the start of each event, the judges will meet in the judges' room in order to control the presence of the jurors as well as to share the latest information relating to the organization of the events.

The presence of judges at all meetings is compulsory, in accordance with the technical regulations and the FIG code of points.

14.3 Responsible for apparatus juries:

The FIG Technical Delegates will designate six (6) responsible for each of the apparatus of the men's competition and four (4) for the women. It will be the D1 Jury.

The tasks of those responsible will be defined according to the technical regulations and the FIG codes of points.

Each country participating in the competition must register in its quota, one (1) judge for the men's events and one (1) judge for the women. He may also include a second judge in his quota if he participates in teams. All judges must be in possession of the FIG international certificate of category as stipulated in the general judges rules.

If the number of judges appointed by each country is insufficient, the FAG, under the control of the FIG Technical Delegate, will appoint a sufficient number of carded judges to ensure the smooth running of the competition.

The events will be scored according to the technical regulations and the FIG code of points in force.

15. Claims:

All claims will be resolved in accordance with the FIG GAM and GAF Codes of Points.

All claims must comply with FIG procedures. Claims must be presented, by the NOC in question, in writing, in Arabic, French or English, within the required time.

All claims will be presented to the Technical Information Center (TIC) of Artistic Gymnastics which will in turn forward them to the secretariat of the Jury of Appeal, as well as to the Technical Commission of the ICMG

If the claim is founded and accepted, the amount we note be invoiced by the FIG, if the claim is rejected, the FIG invoices the amount to the NOC. This amount remince to the FIG solidarity foundation.

16. Sports clothing:

Participants in the Artistic Gymnastics competition of the XIX Mediterranean Games Oran 2022 must wear sports clothing in accordance with FIG and ICMG regulations.

No advertising marks are permitted on sportswear, accessories or, as a general rule, on any part of the clothing or equipment worn or used by athletes. Only the name of the manufacturer of the corresponding garment or equipment will be authorized, provided that it does not appear exaggeratedly for advertising purposes, in accordance with the rules defined by the ICMG and the FIG.

The official Medal Ceremony will be subject to the same regulations as regards sports attire and advertising. Athletes will be required to step onto the podium wearing the official clothing of their NOC.

17. Medal ceremonies:

Medal ceremonies will take place at the end of each competition.

17.1 Medals and diplomas:

The following prizes will be awarded, in accordance with the ICMG regulations:

17.1.1 First place:

Gold medal and diploma for the participant and each member of the team ranked first.

17.1.2 Second place:

Silver medal and diploma to the participant and to each member of the team ranked second.

17.1.3 Third place:

Bronze medal and diploma to the participant and to each member of the team ranked third.

17.1.4 Fourth to eighth place:

Diploma to participants ranked from fourth to eighth place in each event.

18. Calendar and schedule:

The Artistic Gymnastics competition will take place from **Sunday June 26 to Wednesday June 29, 2022**, according to the following schedules (schedules are provisional and may change depending on the final number of entries):

Sunday 26 June 2022		
Hours	Men	Women
<u>3 p.m. - 5 p.m.</u>		Team competition and qualification 1 st Subdivision
<u>7 p.m. - 9 p.m.</u>		Team competition and qualification 2 nd Subdivision

Monday, June 27, 2022		
Hours	Men	Women
<u>3 p.m. - 5 p.m.</u>	Team competition and qualification 1 st Subdivision	
<u>7 p.m. - 9 p.m.</u>	Team competition and qualification 2 nd Subdivision	

Tuesday June 28, 2022		
Hours	Men	Women
<u>11a.m.- 1p.m.</u>		Individual final all around event
<u>7 p.m. - 9 p.m.</u>	Individual final all around event	

Wednesday 29th July 2022		
Hours	Men	Women
<u>10:30 a.m.</u>	Individual Final Apparatus	Individual Final Apparatus
	Floor exercise	Vault
	Pommel horse	Uneven bars
	Rings	Balance beam
<u>6:00 p.m.</u>	Vault	Floor exercise
	Parallel bars	
	Horizontal bars	

The organizers, and for justified reasons, will also have the right to modify the competition schedules, with the agreement of the Technical Delegate.

Each team or athlete concerned would then be informed at least twenty-four (24) hours in advance.

19. Technical offices:

Two offices will provide information specific to the Artistic Gymnastics competition:

- TIC of Artistic Gymnastics, located on the competition venue.
- SIC of the Mediterranean Village.

These offices will provide information on competition schedules, training sessions, transport, lists of participants and results.

20. Approval of regulations:

In the case of disagreement on the interpretation of the text of this manual with any other related version, the French text shall prevail.

This Technical Manual was approved by the ICMG on March 12, 2022.